

CHURCH OF THE HOLY SPIRIT • 10001 Coastal Highway, Ocean City, MD 21842 Parish Office: 410.723.1973 • Fax: 410.723.5653 • E-mail: office@holyspiritoc.org • Website: www.holyspiritoc.org

SERVICES (The office sends a weekly email with links to the posted services.)
8 a.m. In-Person Holy Eucharist Rite II and live-streamed and posted to YouTube
10 a.m. In-Person Holy Eucharist Rite II and live-streamed and posted to YouTube

The Right Reverend Santosh K. Marray, Bishop of Easton The Reverend Joseph M. Rushton, Rector The Reverend Carl E. Mosley, Interim/Supply The Reverend Alisha M. King, Deacon-in-Residence Andy Edwing Diaz Reyes, Latino Mission Coordinator Bonnie Rease, Bookkeeper and Secretary to the Rector

Monica Martin, *Senior Warden* • John Frombach, *Junior Warden* Kathy Elmer, *Sunday School* • Tim DeSilver, *Music Minister*

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THE DOVE - Church of the Holy Spirit

Father Rushton - Update

Father Rushton is doing well with his recovery. The doctors continue to regulate his medication to find the right balance. He has been able to drive a short distance. He is still staying in Severna Park in order to remain in close proximity to the hospital. He also continues to not have visitors to minimize any chance of infection.

Please continue to keep Father Rushton, Nick, the donor, and the donor's family in your prayers!

A new movie about a specific part of Dietrich Bonhoeffer's life is in the making. Therefore I thought it may be of interest to refresh what we learned about this impressive human being ...

ABOUT DIETRICH BONHOEFFER (For the full article, click <u>here</u>)

Dietrich Bonhoeffer (February 4, 1906 – April 9, 1945) was a German Lutheran pastor, neo-orthodox theologian and anti-Nazi dissident who was a key founding member of the Confessing Church. His writings on Christianity's role in the secular world have become widely influential; his 1937 book The Cost of Discipleship is described as a modern classic. Apart from his theological writings, Bonhoeffer was known for his staunch resistance to the Nazi dictatorship, including vocal opposition to Adolf Hitler's euthanasia program and genocidal persecution of the Jews. He was arrested in April 1943 by the Gestapo and imprisoned at Tegel Prison for 1½ years. Later, he was transferred to Flossenbürg concentration camp.



Bonhoeffer was accused of being associated with the 20 July plot to assassinate Hitler and was tried along with other accused plotters, including former members of the Abwehr (the German Military Intelligence Office). He was hanged on April 9, 1945 during the collapse of the Nazi regime.

CHILDHOOD AND FAMILY

Bonhoeffer was born on February 4, 1906 in Breslau, then Germany (now Poland), into a large family. In addition to his other siblings, Dietrich had a twin sister, Sabine Bonhoeffer Leibholz: he and Sabine were the sixth and seventh children out of eight. His father was Karl Bonhoeffer, a psychiatrist and neurologist, noted for his criticism of Sigmund Freud; and his mother Paula Bonhoeffer was a teacher and the granddaughter of Protestant theologian Karl von Hase and painter Stanislaus von Kalckreuth. Bonhoeffer's family dynamic and his parents' values enabled him to receive a high level of education and encouraged his curiosity, which impacted his ability to lead others around him, specifically in the church setting. He also learned how to play the piano at age 8, and composed the songs performed at the Philharmonic at age 11. Walter Bonhoeffer, the second born of the Bonhoeffer family, was killed in action during World War I when Bonhoeffer was 12 years old.

At age 14, Bonhoeffer decided to pursue his education in theology despite the criticism of his older brothers Klaus, a lawyer, and Karl, a scientist. He took Hebrew as an elective in school and attended many evangelical meetings, moved by the many sufferings that resulted from war such as hungry and orphaned children. Bonhoeffer began his studies at Tübingen and eventually moved to the University of Berlin, where he submitted his successful dissertation: Sanctorum Communio. At the age of 21, on December 21, 1927, he went on to complete his Doctor of Theology degree from Humboldt University of Berlin, graduating summa cum laude.

STUDIES IN AMERICA

In 1930, Bonhoeffer moved to America with the intent of attaining a Sloane Fellowship at New York City's Union Theological Seminary. Bonhoeffer was greatly unimpressed with American theology. He described the students as lacking interest in theology and would "laugh out loud" when learning a passage from Luther's Sin and Forgiveness. During his time there, he met Frank Fisher, a Black seminarian who introduced him to the Abyssinian Baptist Church in Harlem, where Bonhoeffer taught Sunday school and formed a lifelong love for the African-American church. He heard Adam Clayton Powell Sr. preach the Gospel of Social Justice, and became sensitive to the social injustices experienced by racial and ethnic minorities in the US as well as the ineptitude of churches to bring about integration.



OUR PARISH: Our staff, our vestry and its officers, and our ministries and committees.

OUR PARISH FAMILY: John Flaherty, Fr. Joe Rushton, Nick Codd, Bill Johnston, John Frombach, Sara Price, Jack Panuska, Rochelle Desimone, Bob Wauhop, Katherine Wauhop, Victoria DeSilver, Jane Florentino, Jane, Cris, Carol Lee Hensyl

OUR EXTENDED FAMILY: Fr. Mark Cyr, Robyn Diesel, Donna Stokes & Family, The Walsh Family, Terri & Ron Rickards, Marie Duffy, Marisa Amberg, Jim; Janetta & Ron Mescola, Michael Wertz, Mary Pines, Pat Borkowski, Willem & Joyce, Kelly, John Haller, Chas Kinelski, Wendy Purnell, Claudia & Bill Troy, J. Paul, Jennifer Giro, Rosa Lee, Pam Barrier, Gen Haller, The Payne Family, Judah, Deanna Turner, Ron Jones, Ladd Layton, Alisha Kornfuehrer, Edith Vogl, Bob Spradlin, Flo Donoway, Steve Hall, Bobby Wertz, Ronin Kenneth Haines, Dee, Lane & Liam, Anne Grabenstein, Bruce, Nicki Ridenour, David, Phyllis, Sandy, Jim Popa, Marian Cannon, Linda Rolfes, Ziggy, Mary, Sabrina & Joey Helms, Margo Cahill, Nancy Meadows

FOR THE DEPARTED: Gloria Lebling, Joanne Garrison

Please notify the office or complete a yellow prayer card to include loved ones on our prayer list and to remove loved ones from our prayer list.

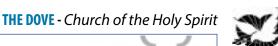
*Memorial Cards are available through the Parish Office

In the unfortunate event that a member of your family requires hospitalization or other acute care, notify the parish office at 410.723.1973 or Father Rushton at 410.279.2582.

OPERATING INCOME/VESTRY APPROVED 09/16/2024 August YTD **YTD Buget OPERATING INCOME** \$14,078 \$89,269 \$89,800 **OCTOBER BIRTHDAYS OCTOBER ANNIVERSARIES OPERATING EXPENSES** \$13,754 \$98,423 \$96,556 10/01 Bette Schmidt 10/01 Ann & Joe Dougherty 10/04 Phyllis Brian 10/02 Heather & Matthew Arauz NET INCOME (LOSS) \$324 (\$9,154) (\$6,756) 10/07 **Christine Brous** 10/10 Kathy & Jerry Elmer 10/09 Henry Brous 10/13 Emily & Will Cathell 10/12 Gabriel David DeSilver Bronwyn & Tyler Betz 10/21 mm 10/13 Jackie Carev 10/14 John Frombach 1111 1Hi 88 10/16 Adam Frv Melanie Konoski 10/16 UPCOMING MEETINGS/EVENTS 10/16 Barbara Wachter 10/19 Heather Arauz If we have missed your birthday or OCTOBER GLOBAL DIVERSITY AWARENESS MONTH 10/23 Blaire Cathell anniversary, please notify the church 10/25 Monica Martin NATIONAL BREAST CANCER AWARENESS MONTH office so we can update our files. 10/29 Bronwyn Betz NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH NATIONAL BULLYING PREVENTION MONTH FILIPINO AMERICAN HISTORY MONTH 10/10 INDIGENOUS PEOPLES' DAY YOUR VESTRY 10/31 HALLOWEEN 2024: Ann Dougherty, Barbara Wachter 10/05 Quinceañera Noon 2025: Birgitt Brevard, Sue Flaherty Pet Blessing 10/06 Noon 2026: Marena Konoski, Monica Martin 10/06 **Crab Feast** $2 - 5 \, \text{nm}$ **Pancake Breakfast Returns!** 10/13 10 a.m. Monica Martin, Sr. Warden 443.235.8942 Vestry Meeting (Parish Hall) 10/147 p.m. John Frombach, Jr. Warden 443.497.2039 10/20 Hope4Recovery 4 p.m. Melanie Konoski, Treasurer 443 497 2163 10/20**Ouinceañera** 10 a.m. Jackie Carey, Registrar 443.735.4275 **Gathering at Windmill Creek Winery** 10/27 5 - 7 p.m. Bonnie Rease, Bookkeeper/Secretary HOLD THE DATE: Tim DeSilver, Music Minister **All Saints Day Single Service** Kathy Elmer, Sunday School 11/03 9 a.m. Pancake Breakfast 12/12 "Our Lady of Guadalupe" Service 6 p.m. (Thursday) 12/29 **Baptism - tentative** Open the camera app on your 02/23/2025 **Bishop Visit with Confirmations** 9 a.m. phone. Hold your phone so that One Service the QR code appears in view. Tap **AA MEETINGS** Every Wednesday evening at 6 p.m. the notification that has popped (Parish Hall) Parish Hall is reserved from 5:30 - 7:30 p.m. up. Now you are linked to the Every Thursday evening at 7 p.m. church's website. Parish Hall is reserved from 6:15 - 8:30 p.m.



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THE DOVE - Church of the Holy Spirit

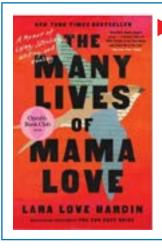




Church Of The Holy Spirit Crab & Chicken Feast

(Limited tickets available at the door.)

DATE:	Sunday, October 6
TIME:	2 - 5 p.m.
WHERE:	Church of the Holy Spirit 10001 Coastal Highway Ocean City, Maryland 21842
COST:	\$45 (Adults) \$20 (Children 6 - 12) Free (Children 6 and under)
DINE IN:	Includes crabs, fried chicken, corn on the cob, hush puppies, desserts, and drinks. (Please bring your own mallets!)
CARRY OUT:	Includes 6 crabs, 2 pieces of fried chicken, corn on the cob, hush puppies, drink, and dessert.
	Crabs are medium-large to large from Rippon's Seafood and the fried chicken is provided by Higgins Crab House. CHANCE AUCTION & 50/50 RAFFLE
TICKETS:	Contact Monica at 443.235.8942 or purchase at 8 and 10 a.m. services.
PROCEEDS:	Benefit Church of the Holy Spirit
REFUNDS:	Provided only in the event we need to cancel the crab feast.



BOOK CLUB (Jackie Carey)

The Episcopal churches in the area are considering starting a book club. **Deb Shuster** was involved with one during Covid and would like to see one happen again. **If you are interested, please contact her at 443.235.0547.** The club would meet either virtually or in person, and could meet on either Tuesday or Thursday afternoon, depending on what suits the group. Deb suggested the first book could be **"Many Lives of Mama Love" by Lara Love Hardin**. If you're interested, she would love to **hear from you by September 15**.



► FELLOWSHIP, FOOD, WINE, AND TELLING

TALES (Jackie Carey)

Those of you who joined us at the **Windmill Creek Winery** when we had an event there will surely remember what fun we all had. So we thought it would be great to meet there with any members of the three parishes who wanted to participate.

The date is October 27 and it will be from 5 to 7 p.m. Food and drinks (wine, of course!) will be available to purchase, and I believe there may be music. Windmill Creek is setting aside a room (or two, if needed) for us, and they aren't charging us for the use of the room since we are a church group. (Another benefit of going to church!)

If you are planning to attend, please **let Jackie know at 443.735.4275 by October 23**, You can also contact her for more information. Do plan to come!













THANK YOU FOR SUPPORTING OUR CHILDREN (Sue Flaherty)

Thank you to all those who helped to make this year's school supplies drive a success. Book bags and supplies were donated and delivered to 12 local area children to help them start the school year off on the right foot. Although we did not get to meet any of the children personally this year, the parents expressed their gratitude. I greatly appreciate the help provided by Birgitt Brevard, Ann Dougherty, Barbara Wachter, and Brooklyn Elmer this year.



SUNDAY SCHOOL IS BACK!

Sunday school started Sunday, September 8

Sunday School is offered at 10 a.m. (September - May). Our wonderful teacher, Kathy Elmer, presents the Gospel of Jesus Christ for each child to understand. Parents are invited to join their children. The children return to the congregation for communion.



► CAREGIVER HELP NEEDED FOR FELLOW PARISHIONER (Monica Martin)



Robert Wauhop, a parishioner who has attended the 8 a.m. service, was recently brought home, where he is doing better. His wife Katherine is seeking help for assistance with caregiving. Robert has dementia but is physically active. He is a retired fireman from the Philadelphia area. They live in Montego Bay and are in their 80s. Kathy has some physical limitations with mobility. She has reached out to see if a parish member would be willing to provide some caregiving for which they would be compensated. She is looking for some socialization for Robert and occasionally to take him out.

If this is something you may be able to help with, please contact **Katherine Wauhop at 443.880.1710**.

SHARE THE RIDE RESOURCE (Melanie Konoski)

I would like to create a **Share the Ride** resource for any parishioner in need. If you need a ride to and from church each or any Sunday, please **contact Melanie Konoski at 443.497.2163**. By the same token, if any parishioner would like to provide transportation to and from church each Sunday, please also contact Melanie Konoski.





THE DOVE - Church of the Holy Spirit



We have not been idle. **Thanks to the Property Committee and all who were involved** in getting this accomplished for working so hard for the Church of the Holy Spirit.

Before ...





Completion of HVAC work in sacristy with the help of donations.





ANOTHER SUCCESS! (Jackie Carey)

Member of Episcopal churches in the Berlin/Ocean City area, met on September 8 for a picnic at Stephen Decatur Park, Berlin.

It was potluck with a variety of dishes, all of which were devoured with gusto. Residents from the **Hope4Recovery House**, a treatment center and halfway house for men in recovery from addiction, also attended, some bearing food. (We take dinner to them on a monthly basis.) The weather cooperated – it was a sunny, crisp fall day. We plan to repeat this next year!

















A SERVICE OF BAPTISM AND HOLY EUCHARIST

Sunday, September 15, 2024

"We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit."















































Good Weather + Good Company + Good Food + Fun + Games = GREAT PICNIC























► THE STORY ABOUT YOU..

Every person has a story and we want to know. We would like to highlight one person per month in the DOVE. So why don't you share your "life's adventure"? Email your story to bsbrevard@yahoo.com. Either type directly into your email or send as an attachment in Word. Font size no larger than 12 points and no more than one side of an 8.5" x 11" page. Please also email a photo of yourself you would like us to use (high resolution jpg or png file). Please label your email with "THAT'S MY STORY". Have fun!

"I HAVE LIVED A LONG TIME, I HAVE LIVED A HAPPY LIFE, I ENJOY HAVING FUN!"



I, Bette Lee Melvin Koontz Schmidt, was born in 1927 and raised and graduated from high school in the Forest Park area of Baltimore City. By the time that I graduated in 1945, WWII was winding down, and my high school sweetheart, Bill, as many young men did, had volunteered to serve in the U. S. Army Air Corps, and was already stationed in Germany. For a short time after high school, I worked as a clerk at the Federal Reserve Bank in Baltimore. Bill returned in 1946, and in 1947 we were married. Soon, thanks to the GI bill, we purchased our first new home, in one of the many communities that were springing up! Couples were marrying young and starting families; we welcomed Susan in 1949 and Michael in 1953.

I enjoyed being a homemaker and raising my kids in both the Woodmoor and Randallstown communities of Baltimore County. As a family we were all active at Holy Nativity Church, singing in the choir, volunteering for the vestry, and participating in family activities. In January of 1975, the family moved to the countryside in Monkton, MD, where I joined St. James Church and enjoyed being a part of the prayer group and leading the alter guild for over 25 years. As a result of my husband's poor health,

he retired early and we sought a more manageable lifestyle in a new condo in Sparks, MD. For many years we were still able to enjoy a full life traveling to our home in Ocean Pines and I enjoyed playing tennis, bridge, golf, and oil painting.

After Bill's death, in 1994 I became reacquainted with a former high school friend, Louis Schmidt, who had recently lost his wife, and we began dating and enjoying traveling together. Lou and I were married in 2002 and spent twenty wonderful and exciting years together living in Ocean City and Ft. Lauderdale, FL, and traveling with friends all over the globe!

I have been able to remain active, even in my 90s, and now live in my comfortable home in Ocean Pines. I still play a little golf, love to garden, and enjoy all that living on the Eastern Shore has to offer. I love to go to lunch, and I love to shop! My daughter and her husband live close by in Bishopville and I enjoy being a communicant of Church of the Holy Spirit, and feel quite at home with the lovely folks who have welcomed me into their parish.

I have much for which to be grateful and especially my beautiful granddaughters Maddy and Lily (my son, Michael and his wife Mary Ellen's girls). My family is such a blessing! As a proud "Nana" they easily stole my heart as little girls twirling, singing, putting on plays, doing cartwheels, and just being their joyful beautiful selves. As adults now, Loyola College graduates, my heart is filled with pride for their accomplishments and dedication to learning. Maddy just completed law school at DePaul University in Chicago and Lily is considering her path in psychology as a master's student.

I have lived a long time, I have lived a happy life, I enjoy having fun! I am so very grateful for good health, a wonderful family, kind friends and neighbors, and seeing my girls becoming incredible women!





YOUR SCHEDULE OR OCTOB 8 a.m. 10 a.m

USHERS/GREETERS

06	Jackie Carey	Joe Dougherty
13	Birgitt Brevard & Jackie Carey	Ann Dougherty
20	Birgitt Brevard & Jackie Carey	Joe Dougherty
27	Birgitt Brevard & Jackie Carey	Ann Dougherty

LECTORS

ACOLYTES				
27	Birgitt Brevard	Joe Dougherty		
20	Birgitt Brevard	Diane Frombach		
13	Birgitt Brevard	Monica Martin		
06	Jackie Carey	Marena Konoski		

06	Jackie Carey	Monica Martin
13	Jackie Carey	Melanie Konoski
20	Jackie Carey	Carolyn Johnston
27	Jackie Carey	John Frombach

CHALICE BEARER

06	Jackie Carey	Monica Martin
13	Jackie Carey	Melanie Konoski
20	Jackie Carey	Carolyn Johnston
27	Jackie Carey	John Frombach

ALTAR GUILD

- 06 Sue Flaherty & Monica Martin
- 13 Sue Flaherty & Barbara Wachter
- 20 Diane Frombach & Barbara Wachter
- 27 Sue Flaherty & Diane Frombach

COUNTERS

- 06 Ann Dougherty & Barbara Wachter
- 13 Rudy Brevard & Melanie Konoski
- 20 Ann Dougherty & Barbara Wachter
- Sue Flaherty & Barbara Wachter 27

COFFEE HOUR

- 06 Marena & Melanie Konoski
- Pancake Breakfast 13
- 20 Ann Dougherty & Bonnie Rease
- 27 **Diane Frombach**

QUALIFIED CHARITABLE DISTRIBUTION (Melanie S. Konoski)

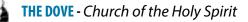
Are you aware of the option to donate to the Church of the Holy Spirit as a Qualified Charitable Distribution?

A qualified charitable distribution (QCD) is a distribution from your individual retirement account (IRA) to a qualified charity. You must be age 70½ or older to make a qualified charitable distribution, which is not taxed and does not get included in your taxable income.

If you qualify, QCDs can also count toward your required minimum distribution (RMD) that anyone age 73 or older must meet each year if they have a traditional IRA. Also important: You don't have to itemize on your tax return to take advantage of a QCD.

To see if you meet the qualifications to process a QCD, please contact your tax preparer or your financial advisor. This may be a good opportunity for you to satisfy your pledge or make a one-time donation to benefit you and the church.





No.7			00			ng	30
	SUN	MON	TUC	WED	THU	FRI	SAT
			1	2 AA MEETING Parish Hall - 6 p.m.	3 AA MEETING Parish Hall - 7 p.m.	4	5 QUINCEAÑERA Church & Parish Hall - Noon
	6 EUCHARIST - 8 & 10 a.m. PET BLESSING - Noon CRAB FEAST - 2-5 p.m.	7	8	9 AA MEETING Parish Hall - 6 p.m.	10 AA MEETING Parish Hall - 7 p.m.	11	12
LITURGY OF THE WO COMMUNION FROM - 8 & 10 a.m.	13 DRD WITH HOLY RESERVED SACRAMENT PANCAKE BREAKFAST After 10 a.m. Service	14 COLUMBUS DAY. VESTRY MEETING -7 p.m.	15	16 AA MEETING Parish Hall - 6 p.m.	17 AA MEETING Parish Hall - 7 p.m.	18	19
	20 EUCHARIST - 8 & 10 a.m. QUINCEAÑERA - 10 a.m. HOPE4RECOVERY - 4 p.m.	21	22 DEADLINE: NOVEMBER DOVE	23 AA MEETING Parish Hall - 6 p.m.	24 AA MEETING Parish Hall - 7 p.m.	25	26
LITURGY OF THE W COMMUNION FROM - 8 & 10 a.m.	27 DRD WITH HOLY RESERVED SACRAMENT GATHERING Windmill Creek Winery - 5 - 7 p.m.	28	29	30 AA MEETING Parish Hall - 6 p.m.	31 HALLOWEEN AA MEETING Parish Hall - 7 p.m.	9	

OCEAN CITY EVENTS

10/04 - 05		7 - 9 p.m.	Country Calling Country music takes over Ocean City Inlet Ocean City Inlet Parking Lot, Downtown	WORCESTER COUNTY WORCESTER PUBLIC SCHOOLS OCTOBER 2024		
			809 South Atlantic Ave., Ocean City, Maryland	10/15	4 - 5:30 p.m.	Tenured Teacher Reception
10/	′10 - 13		Endless Summer Cruisin' Biggest Annual Car Show in Ocean City Events throughout Ocean City	10/15	10:30 a.m 4:30 p.m.	Board of Education Meeting
	/24 - 27 /24 - 26 /27	10 a.m 7 p.m. 10 a.m 6 p.m.	Sunfest (End of the summer season) Four days of vendors and FREE music Ocean City Inlet Parking Lot, Downtown 809 South Atlantic Ave., Ocean City, Maryland	10/18	All Day	MSEA Convention: Schools/Offices Closed
мо	RE EVEN	ITS & INFO• https	://www.oceancity.com		EA. https://ww	www.worcostork12.org



N

QUINCEAÑERA (More info here)

A quinceañera (also fiesta de quinceañera, quince años, fiesta de quince años, quinceañero and quinces) is a celebration of a girl's 15th birthday that is common in Mexican and other Latin American cultures. The girl celebrating her 15th birthday is a quinceañera. In Latin America, the term quinceañera is reserved solely for the honoree; in English, primarily in the United States, the term is used to refer to the celebrations and honors surrounding the special occasion.

This birthday is celebrated differently from any other as it marks the transition from childhood to young womanhood. Historically, in the years prior to their 15th birthdays, girls learned about cooking, weaving, and childbearing from the elder women in their communities in preparation for their future roles as wives. During the celebration the girl's father would present her to potential suitors.

In the past, parallel customs could be found in Southern Europe, mainly Spain and France. Today, the custom remains strongest in Mexico, its likely country of introduction during the viceregal or Mexican imperial periods. However, it is widely celebrated in Spanish-speaking countries in the Americas. The grandest parties are comparable to British and American debutante balls.

► GLOBAL DIVERSITY MONTH (More info here)

After the Second World War, The Universal Declaration of Human Rights was adopted by the United Nations General Assembly at the Palais de Chaillot, in Paris. The Declaration represents the first global expression of rights to which all human beings are inherently entitled. It is essentially an acknowledgment that we should remember and understand the value of each human being, regardless of their nationality, color, race, sex, gender, country of origin, language, or otherwise.

As the world becomes more and more connected and globalized, it's important to remember that a 'global monoculture', or a homogenization of cultures, kills off traditional cultures and unique traits of people. Embracing cultural diversity — in all aspects of life — is the answer to avoiding a global monoculture. The phrase 'cultural diversity' can also refer to having different cultures respect each other's differences.

> NATIONAL BREAST CANCER AWARENESS MONTH (More info here)

No matter who you are or where you live, breast cancer may touch your life. It's necessary to understand the warning signs of breast cancer, your risk of breast cancer and what's normal for you so you can take action if there are any changes in your breasts or underarm areas.

Since 1989, the Susan G. Komen Foundation has helped drive down mortality rates from breast cancer thanks to its focus on early detection and improvements in treatment. However, that progress may be in jeopardy. During the COVID-19 pandemic, many people delayed their regular breast cancer screening. The pandemic disrupted treatment and research progress.

NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH (More info here)

October is Domestic Violence Awareness Month (DVAM). During DVAM, victim advocates, allied professionals, survivors of abuse, their loved ones, and the surrounding community come together to mourn the lives lost to domestic violence, celebrate the progress that has been made to end this epidemic, and connect with others working to create change. This tip sheet provides suggestions on what individuals and organizations can do to help raise awareness of domestic violence using the hashtag #1Thing to demonstrate that everyone can play a role in bringing about change.

NATIONAL BULLYING PREVENTION MONTH (More info here)

October was first declared as National Bullying Prevention Month in 2006. Since then, October has been a time to acknowledge that bullying has devastating effects on children and families such as school avoidance, loss of self-esteem, increased anxiety, and depression. Bullying can occur in multiple ways. It can be verbal, physical, through social exclusion, or via digital sources like email, texts, or social media. Unlike mutual teasing or fighting, bullying occurs when one person or a group of people is perceived as being more powerful than another and takes advantage of that power through repeated physical assaults, threats of harm, intimidation, or by purposefully excluding a person from a valued social group.

► FILIPINO AMERICAN HISTORY MONTH (More info here)

Filipino Americans are the second-largest Asian American group in the nation and the third-largest ethnic group in California, after Latinas/os and African Americans. The celebration of Filipino American History Month in October commemorates the first recorded presence of Filipinos in the continental United States, which occurred on October 18, 1587, when "Luzones Indios" came ashore from the Spanish galleon Nuestra Senora de Esperanza and landed at what is now Morro Bay, California. In 2009, U.S. Congress recognized October as Filipino American History Month in the United States. Various states, counties, and cities in the U.S. have established proclamations and resolutions declaring observance of Filipino American History Month.

► INDIGENOUS PEOPLES' DAY (More info here)

Indigenous Peoples' Day is a holiday in the United States that celebrates and honors Indigenous American peoples and commemorates their histories and cultures. It is celebrated across the United States on the second Monday in October, and is an official city and state holiday in various localities.

HALLOWEEN (More info here)

Halloween or Hallowe'en is a celebration observed in many countries on October 31, the eve of the Western Christian feast of All Hallows' Day. It is at the beginning of the observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.



ABOUT THE CHURCH OF THE HOLY SPIRIT







QUOTE FOR OCTOB

"The time is

always right

to do what is



SUBMISSIONS

The content deadline for the November 2024 issue of "THE DOVE" is Tuesday, October 22, 2024.

Please submit your content in Microsoft Word document with text only, no designs. Email your letters, ideas, articles, comments, information, photos, questions - carefully labeled to **Birgitt Brevard at bsbrevard@yahoo.com.**

NOTE: Dates, times, locations mentioned in this newletter are subject to change. All information has been edited to the best of our abilities. Be kind and understanding. PEACE!

REMEMBER the October 22 deadline.



"Seeking Christ With Others While Sharing The Christ Within Us" Parish Office: 410.723.1973 • Website: www.holyspiritoc.org

right.

— Dr. Martin Luther King, Jr.

Fold here ...

CHURCH OF THE HOLY SPIRIT 10001 Coastal Highway Ocean City, Maryland 21842

Place stamp here